

This is something that many people have recommended over the years, and I figured I would finally knock this off my list.

I will say I was pleasantly surprised at some of the content, while at the same time not so much with some of the other anecdotes and “principles.”

For example, much of the “Be a Leader” principles have aged poorly, and more scientifically relevant thought leaders have produced more meaningful science; [Primed to Perform](#) for example.

However, many of the other principles I think are ageless, and for a simple easy read this book actually has great advice for young leaders or folks early in their careers.