

Moment of Lift is the type of reading that will literally change the way you look at and think about the world. Melinda Gates does an astonishing job of sharing her journey of learning about women, poverty, and empowerment in a way that is both humbling and inspiring.

For example; reading about “The Untouchables” was both horrifying and enlightening; while the anecdotes about child marriage and how empathy can be a driving force of change was equal parts disgusting and inspiring.

The characters interviewed and shared by Ms. Gates throughout the book are women of immeasurable strength and I found myself in awe of the work they do despite the unparalleled generosity and contribution of The Bill and Melinda Gates Foundation.

Moment of Lift is frankly a must read for anyone who wants to have an understanding of how to positive impact change in *any* profound way.

Featured image source: <https://www.evoke.org/momentoflift>