

While developing amongst many projects, you may encounter this error when using docker; more specifically docker-compose:

```
ERROR: for {container_name} Cannot start service nginx: driver failed
programming external connectivity on endpoint {container_name}
({hash}): Error starting userland proxy: Bind for 0.0.0.0:80:
unexpected error (Failure EADDRINUSE)
```

As a MAC user, the fix is simply to disable the locally running apache instance, allowing docker to forward port 80 locally from the nginx container (in my case).

```
sudo apachectl stop
```